

Claims

1. A data logging and processing device, reminder, arranged so as to collect, process and indicate information needed by an individual user wherein the reminder comprises a control unit equipped with means arranged so as to make context-based decisions to guide the actions of the user of the reminder.
2. A data logging and processing device according to claim 1 which further comprises a memory part of which is arranged so as to provide an activity log in the reminder.
3. A reminder according to claim 2 which further comprises an alarm/display part, user interface for the device, and a receiver.
4. A reminder according to claim 3 which further comprises a means with which the reminder is arranged so as to function as a terminal in a cellular network.
5. A reminder according to claim 4 wherein the cellular network terminal is arranged so as to function as a personal cellular phone.
6. A personal data logging and processing arrangement comprising one or more monitoring arrangements for personal data logging which arrangement further comprises a personal reminder arranged so as to make context-based decisions.
7. A data logging and monitoring arrangement according to claim 6 wherein the monitoring arrangements are arranged so as to communicate their data through a wireless link to the reminder.
8. A data logging and processing arrangement according to claim 7 wherein the data communicated by the monitoring arrangements are arranged so as to be stored in an activity log in the memory of the reminder.
9. A data logging and monitoring arrangement according to claim 7 wherein the monitoring arrangement used is one of the following: a physical monitoring arrangement, an activity monitoring device, a location monitoring arrangement or a task monitoring arrangement.